# FROM DISSERTATION TO BOOK

ASA Professional Workshop August 22, 2015 4:30 – 6:10 pm

#### Presenters



**GAYLE SULIK, PHD** 

Independent Scholar
University at Albany
SUNY



DAWN NORRIS, PHD

Assistant Professor
University of Wisconsin
La Crosse



TRISTAN BRIDGES, PHD

Assistant Professor
The College of Brockport
SUNY

## Overview

- Differences between dissertation & book
- Stages in the transformation
- Common barriers
- Tips & resources
- Q&A / Hands-on work

Goals: At the end of the workshop you will know:

- How a book manuscript differs from a dissertation;
- The stages of developing a dissertation-based manuscript;
- How to identify common stumbling blocks;
- Where to look for help.

## Should You Write A Book?

- Does your dissertation research demand book form?
- Will writing a book support your career goals or help your job search?
- Are you in a 'book department' or an 'article department'?
- Do you have the resources you need?

**TIP:** This might seem like a question you've already answered. But books don't fit every scholar's career. And, that's okay. – Tristan Bridges

# Dissertation Vs. Book

	Dissertation	Book
Purpose	<ul><li>Scholarly, research-focused</li><li>Reach narrow audience</li><li>Earn PhD</li></ul>	<ul><li>Wider audience (laypeople, students)</li><li>Inform, teach, inspire</li></ul>
Structure	<ul> <li>Pre-determined chapters, content</li> <li>Methods/others' research: strong emphasis</li> </ul>	<ul> <li>"Story-like;" one theme connects parts</li> <li>Creative structure</li> <li>Methods/others' research: less emphasis</li> </ul>
Writing Style	<ul><li>Field specific</li><li>Jargon/terminology</li><li>Objective/clinical voice</li></ul>	<ul> <li>More accessible</li> <li>Less jargon – define terminology</li> <li>Clear authorial voice</li> </ul>

# Assessing Goals/Resources

#### **Assess Goals**

– What are your professional obligations (e.g., teaching, research, service, collaborations, career track)?

#### **Identify Challenges**

- Time, money, skills, abilities, logistical resources
- Personal demands (children, aging parents, partner)
- Personal challenges (work style, health concerns/needs, energy/motivation)

#### **List Resources / Needs**

- -Release time, internal/external funds
- -Technical assistance (e.g., copyediting, indexing)
- -Personal assistance (e.g., child care, housecleaning)
- -Self care (e.g., yoga)

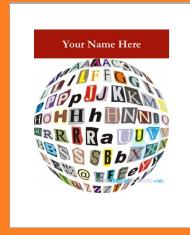
# Assessing Goals/Resources

TIP: This is a CONTINUOUS
PROCESS! To stay motivated, I
taught about my research. Students'
excitement helped me stay excited!

— Dawn Norris

# Stages of the Transformation

Assessment Prospectus Work Plan Writing Platform Contract



## Assessment

#### What will I need to do?

- –How much overhaul does my dissertation need?
- -What's new about my topic?
- –Do I need more data or information?
- —Is there enough content for 1 or 2 articles in advance of the book?

#### Assessment

TIP: A first stab at revising scholarly writing may be to search for concepts like "social constructionism" and replace them with simpler language. — Wendy Cadge, "Heartwood"

# Craft A Prospectus

#### In about 5-8 pages:

- 1. What is your manuscript is about? Why is it important?
- 2. What is the proposed table of contents?
- 3. Who is the likely audience?
- 4. What are the competing/similar books?
- 5. What is the status of the work? (length, % complete, proposed revisions, sample chapters, permissions?)
- 6. What are your marketing plans (e.g., website, blog, twitter, Facebook, connections w/ journalists, etc.)
- 7. Who might review your book (3-4 suggestions)? Get permission!

# Craft A Prospectus

TIP: Some presses ask for specific information to be included in a prospectus. ALWAYS CHECK their websites first to find out. – Chris Bobel, "New Blood"

## Create A Reasonable Work Plan

- 1. List goals
- Identify projects involved
- 3. List steps needed for each project
- 4. Map each step onto your weekly calendar

**TIP:** It's your book. Your process. In the end, you need to develop it, guide it, and love it for yourself.

- Adina Nack, "Damaged Goods"

## Write

- Read good writing in your field
- Read nonacademic books
- Develop a daily writing practice
- Write first
- Time yourself
- Join a writing group (or several)
- Find your "writing groove"



## Create & Use Your Platform

#### **Traditional**

- Find acquisition editors at professional conferences
  - Contact editors to set up a meeting
  - Visit book exhibit for a conversation
- Email publishers with cover letter & prospectus
- Only send to 2-3 publishers at once. Tell them you're shopping the book.

#### **Non-Traditional**

- Diverse outlets (blogs, op-eds, newsletters)
- Collaborations with stakeholders (webinars, conferences, workshops, meetings with members)

#### Create & Use Your Platform

**TIP**: I never set out to be a public scholar. But I couldn't put out a call to action and then not be part of the action! My blog took on a life of its own. So did the book.

- Gayle Sulik, "Pink Ribbon Blues"

#### **Secure The Contract**

- Legal contract, without much variation
  - Standard terms and conditions
  - Manuscript/delivery specs
  - Payments/royalties
- Negotiating room for contract details
- Marketing plans = separate documents (non-contractual)
- Release from contract, if necessary

#### **Secure The Contract**

**TIP:** Talk to senior mentors with significant book publishing experience to better understand contract terms and possible negotiations.

- Meika Loe, "Aging our Way"

#### Some Lessons We Learned

- Stick to a timeline; adjust as needed.
- Translate for your audience; control the message.
- Consider publicity coach or developmental editor.
- Find your support system writing partners, accountability groups, mentors.
- Outsource what you can copyeditor, indexer, layouts for image plates or other materials, etc.
- Contract timing and negotiations vary.
- "Kill your darlings."

#### Some Lessons We Learned

**TIP**: Life is not orderly. No matter how we try to make life so, right in the middle of it we die, lose a leg, fall in love, drop a jar of applesauce. - Natalie Goldberg, "Wild Mind"

## **Q & A**

Do you have any clarifying questions we should answer before moving on to brainstorming and hands-on work?

-- 5 minutes --

Why should I (or, shouldn't I) write a book?

-- 5 minutes --

## Handouts

-- 5 minutes --

#### FOOD FOR THOUGHT

- What is my book about?
- What is the purpose of my book?
- Who is my audience?
- What are my professional obligations?
- What resources do I have/need?
- Is my dissertation finished? How much of an overhaul will it need? Have I read it?
- Am I ready to start working on a prospectus?
   Shopping one around?
- Do I have a platform? Who am I as an author, scholar, writer?

# THANKYOU!

Slides and handouts available for download at www.gaylesulik.com